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# am NEWYORK

MANHATTAN'S HIGHEST DAILY CIRCULATION NEWSPAPER

GIFT \* GUIDE

## FOR THE TECHIE

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QUIGG  
Special to amNewYork

**T**ime is running out and you need a go-to gift. In this day and age, almost everyone, from your grandma to your nephew, will appreciate a tech item. Here are some of our favorites:



### Bluetooth SleepPhones

Help someone get a good night's sleep with Acoustic-Sheep's wireless headphone headband. These cozy SleepPhones are Bluetooth enabled, allowing users to relax and fall asleep to music without the danger of wires. All that's needed is a Bluetooth music player within 15 to 30 feet. \$99.95; at SleepPhones, [sleepphones.com](http://sleepphones.com)

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